

NEURO CONNECTION NEWS

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BOARD INTRODUCTION

Hello Everybody. I'm Michael and I'm the Client Representative on the NCF Board.

I've spent the past 2 years helping my wife Emma after she suffered a severe stroke early March 2022.

We are so grateful to have found NCF, they have been amazing. The therapy has given Emma the confidence and strength she needed to deal with life's challenges after her stroke.

It has been challenging for our family dealing with the changes. Both of us were working full-time when Emma suffered her stroke. Emma had been working in the banking industry for the past 5 years and she was always the go to person when anyone needed any I.T sorted.

We have 3 children and our dog Diego. Our 2 youngest James & Charlotte are still at high school, our oldest daughter Estella has been working in the dental industry for the past 7 years.

Some of my hobbies are fishing, classic cars, travelling and cooking. My favourite hobbies have now slightly changed to cleaning, folding, washing, doing as I'm told and more cooking.

I would really appreciate it if you see me about, please introduce yourself. I love meeting people. We are from a large mixed pacific island family. Happy to help in any way I can, even if it's just a quick chat.

I wish everyone the best with their recovery. A special thanks to everyone and the Neuro Connection family.

Mike

A WORD FROM OLA

Kia ora and greetings to our valued Neuro Connection community, In the latest edition of our newsletter, we're thrilled to share some updates from Neuro Connection!

From the launch of our innovative Virtual Conductive Education service to our active presence at community events promoting Neuro Connection, it's been a busy period of growth and outreach.

As we look ahead, we're eager to hear from you through our live client survey, helping us tailor our services to better meet your needs

Next, at Neuro Connection, we understand that planning for the future is a deeply personal and thoughtful process. It's with this same level of care and consideration that we introduce our bequest program.

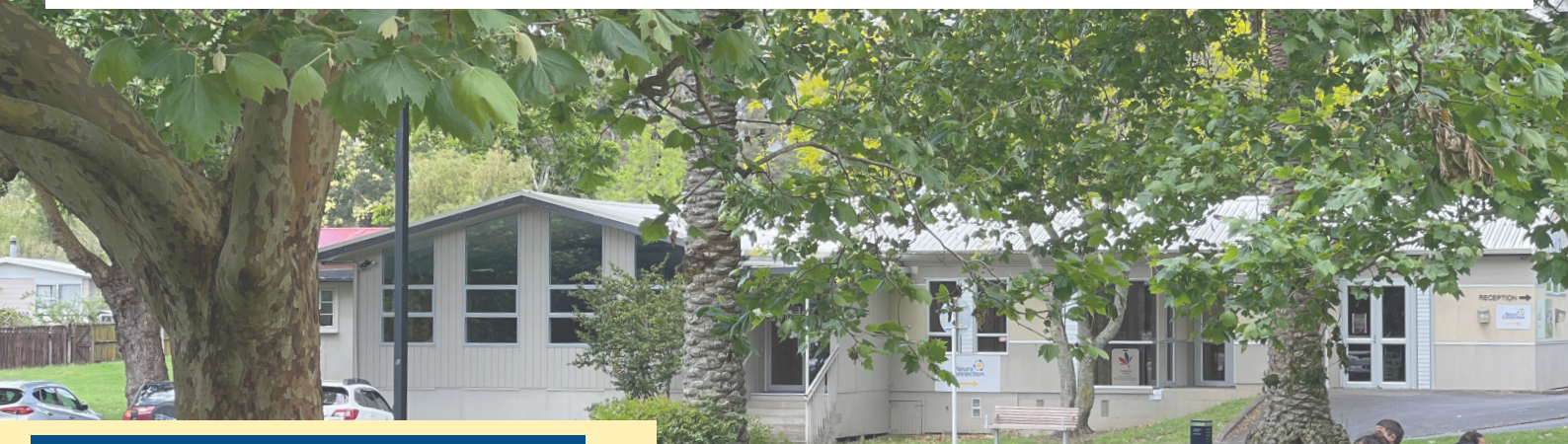
Amidst our progress, we're reminded of the vital role of whānau, and the importance of us moving as a collective to support each other as we navigate your experiences.

We continue to feel grateful that you choose our services and we commit to respecting your journey as we grow. Your wellbeing is our priority, and we're dedicated to providing the support and care you deserve.

For now, I will leave you with one of my favourite quotes by Maya Angelou: *I come as one, but stand as 10,000* – a reminder that although I may feel alone sometimes, I have the support of an entire village through my family, friends and Neuro Connection community.

Soifua ma ia manuia,

Ola



VIRTUAL CE

We are pleased to have recently relaunched our Virtual Conductive Education (VCE) classes.

Why hold virtual classes?

Virtual Conductive Education breaks down geographical barriers. This accessibility is especially beneficial for those who may face challenges in attending in-person sessions. The opportunity to connect with others in an online setting fosters mutual encouragement and collaboration.

What is Virtual Conductive Education?

Virtual Conductive Education is a remote learning program that provides conductive education services virtually using Zoom. It is designed to support the rehabilitation of individuals with neurological conditions using structured activities and exercises.

How long is each Virtual Conductive Education session?

Each session is 30-60 minutes. Your Senior Rehabilitation Specialist will advise in advance.



"The Zoom classes with Inna have been a big part of my rehabilitation. I look forward to them each week and the friendship with others in a similar position has been great. The exercises have been very beneficial and have helped enormously"

- Jenny Stratford
Wellington

The only thing that you need to participate in VCE, is access to an IT device (smart phone, tablet or laptop), stable internet access, an email address, and a quiet room with a space suitable for exercise. You or your carer/support person must also know how to access and use Zoom in order to participate in VCE.

If you or someone you know may be interested in participating or learning more, please express your interest to the team or via email admin@neuroconnection.org.nz

AUTUMN WORD SEARCH



B	F	Z	P	A	E	L	L	A	F	K	H	A	A	E
U	Z	Z	N	I	X	G	H	O	T	Z	T	D	S	R
M	P	Z	U	V	S	H	N	O	R	A	N	G	E	A
B	A	R	H	E	V	M	Z	A	B	N	O	V	Y	K
C	C	T	C	S	C	W	C	W	H	Z	A	R	F	E
S	F	I	M	T	O	M	G	D	F	C	E	H	A	Q
W	P	F	N	C	S	V	Z	A	O	X	Q	B	G	Q
S	L	M	F	N	B	E	M	R	K	S	I	R	B	L
D	L	W	A	D	A	F	V	K	B	L	H	U	X	Q
A	I	J	U	A	Q	M	Y	A	R	E	D	L	O	C
P	H	S	T	R	T	G	O	G	E	H	B	A	R	E
S	C	N	U	K	M	N	R	N	U	L	P	C	P	W
I	P	V	M	E	C	E	W	O	L	L	E	Y	B	I
R	J	I	N	R	D	E	T	A	L	O	C	O	H	C
C	R	L	B	S	E	A	S	O	N	A	L	B	P	R

Word Bank

- | | | | |
|------------|------------|---------------|--------------|
| 1. anzac | 2. red | 3. leaves | 4. chill |
| 5. spices | 6. colder | 7. fall | 8. yellow |
| 9. rake | 10. brisk | 11. orange | 12. dark |
| 13. hot | 14. change | 15. chocolate | 16. crisp |
| 17. darker | 18. autumn | 19. cinnamon | 20. seasonal |

Mothers Day
RAFFLE

Grab your tickets to be in to win
a lovely basket of goodies
in our latest raffle

1 TICKET FOR \$2
3 TICKETS FOR \$5

**CASH
OR
EFTPOS**

LUCKY WINNER DRAWN: MONDAY 13TH MAY

*It does not matter how
slowly you go as long
as you do not stop*
-confucious

EVENTS



We were so spoilt recently with freshly baked Hot Cross Buns from our wonderful supporters at The Crafty Baker. We love mingling outside of the classroom and particularly over good food! Our Devonshire Tea was such a hit last year, we have decided to host another one, we hope you can join us. We will be planning some other fun get togethers later in the year, and if you have any ideas or special requests, please don't hesitate to share.

If you know of any businesses that would like to donate prizes for future fundraising events we hold, please let us know and Colleen can make contact with them.

A Neuro Connection Fundraiser

Devonshire Tea

Join us for a cuppa tea and a scone - with lashings of butter, cream and jam if you desire

All Welcome

**Tuesday
June 25th 2023**

12 noon - 1.00pm

**Neuro Connection
Tui Glen Park
2 Claude Brookes
Drive
Henderson**

**\$5
Donation**
*Cash or
Eftpos*

IMPORTANT DATES TO NOTE IN YOUR DIARIES

CLOSED - KINGS BIRTHDAY PUBLIC HOLIDAY
- MON 3 JUNE

DEVONSHIRE TEA - TUES 25 JUNE

CLOSED - MATARIKI PUBLIC HOLIDAY - FRI
28 JUNE

SOUP-ER WINTER WARMER FUNDRAISER -
DATE TO BE CONFIRMED - AUGUST

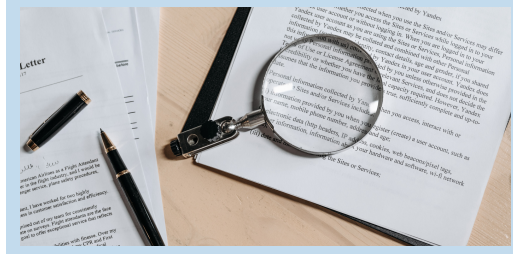
BINGO FUNDRAISER - DATE TO BE CONFIRMED
-OCTOBER

BEQUEST PROGRAMME

For those who wish to leave a lasting legacy of support, a bequest to Neuro Connection ensures that our vital work in physical rehabilitation continues for generations to come.

Your generosity can transform lives, providing hope and healing to individuals and families in need.

If you're considering including Neuro Connection in your estate plans, you can find instructions on our website or you can contact Ola directly at ola@neuroconnection.org.nz.



Your Feedback Matters!

CLIENT SURVEY

We're excited to launch our feedback survey and we'd love to hear from you!

This survey is open to ALL - Whether you're family or friend of a client, or someone who has engaged with any of our services (past and present), your feedback is invaluable to us.

Please take a few moments to share your thoughts and help us continue to make a difference in the lives of those we serve.

Visit the News section on our website, or find the post on our Facebook page and simply click on the link to share your thoughts.

YOUR FEEDBACK MATTERS TO US

Please help us shape our services to meet the needs of our community.

Complete the feedback survey today. Link in post.



MEET JOEL

This friendly face belongs to Joel. He has been attending two classes a week here regularly since 2019 and we have loved being a part of Joel's rehabilitation journey. Recently Joel's story has been featured in a series of short videos for The Stroke Foundation as part of their F.A.S.T campaign.

We have shared these on our facebook page and we encourage you to watch them. See how many other familiar NCF faces you can recognise.



SPECIAL THANKS FOR THEIR GENEROUS SUPPORT:

Douglas Charitable Trust

JW Marketing

Whaikaha - Ministry for Disabled People
Foundation North

The Trusts Community Fund

NZ Lottery Grants Board

The Lion Foundation

Auckland Council - Henderson Massey

Local Board

Petes Packaging

AT ANY SIGN OF STROKE CALL 111



FACE
DROOPING



ARM
WEAKNESS



SPEECH
DIFFICULTY



TAKE ACTION
CALL 111

stroke.org.nz

STROKE
FUNDING PARTNER

health promotion
agency

6
years of
experience



FOLLOW US ON FACEBOOK

Don't forget that we have a facebook page. We update it with any news, share stories, pictures and important information

@neuroconnectionfoundation

STAYING IN TOUCH



Don't be shy to leave us a voicemail if your phone call isn't immediately answered.

All messages are checked very regularly and if you are letting us know you can't make it to a class, the message will definitely get through to the Clinical Team.

It's very appreciated when you let us know about any absences, as we are able to plan sessions – and also not worry about you!